



Who Should I Pick To Be My Sponsor?

What Is A Sponsor, Anyway?

The sponsor presents the candidate to the Bishop at the time of Confirmation and will later help him/her to fulfill his/her baptismal promises faithfully under the influence of the Holy Spirit.

The following is from paragraphs 5 and 6 of Confirmation's introduction in *Rites, Volume I*, the book in which the Church publishes the Rite of Confirmation:

"Confirmation Sponsors: Will later help the Confirmandi to fulfill their baptismal promises faithfully under the influence of the Holy Spirit whom they have received. It is recommended that the candidate's Baptism sponsor also be their Confirmation sponsor. This expresses the relationship between the two sacraments and also makes the function and responsibility of the sponsor more effective."

The idea is that in addition to their parents, one who receives Confirmation has someone additional in their corner helping them to be a faithful Catholic follower of Christ.

The Church envisions that your godparents already play this role for you. Regardless of if your Confirmation sponsor is your godparent or not, your Confirmation sponsor must:

- 1) Have received all three Sacraments of Initiation: Baptism, Confirmation and Eucharist;
- 2) Be a registered, regularly practicing Catholic, age 16 or older;
- 3) Obtain a sponsor certificate or pastor's letter of recommendation from their current parish;
- 4) If married, be in a marriage recognized by the Church as valid;
- 5) Be a good example of faith, offering living witness to it by the way they live.

Parents cannot be their own child's Confirmation sponsor, as they already have a significant role in their child's faith, but may present their child for Confirmation in the role of a proxy.

Please choose your sponsor and return the sponsor certificate for that person no later than Sunday, February 12. Thank you!!!