

St. Gabriel



SPRINT

August 3-2019

For more information, contact:
Jeff Lancaster at
440/289-0419

All Proceeds benefit St. Gabriel
Youth Faith Formation



Celebrate Our 10th Annual **ST. GABRIEL SPRINT**

5K Run (3.1 miles) • 1 Mile Walk
Saturday, August 3, 2019, 8:00am
St. Gabriel Parish

9925 Johnnycake Ridge Road, Concord, Ohio 44060
Tech-shirts to first 225 registered 5K runners!

Chip Timing For Instant Results Back this year!

**Awards to Top 3 overall Male and Female
and Top 3 Male and Female in 10 age groups.
Ribbons for all Walk finishers.**

Entry Fees: 5K—\$20 Per runner if you Pre-register by August 1
\$25 Race Day Registration per runner (Opens at 7 a.m.);
Walk—\$5 per person for walk/\$20 maximum per family.

Register on line: www.St-Gabriel.org

Early Bird Packet Pick Up
Available this year!
Second Sole
In Mentor, August 2
10 am – 8 pm



Hands On
Physical Therapy

ST. GABRIEL SPRINT Registration Form: Register & Pay on line www.St-Gabriel.org or Make checks payable to: St. Gabriel Parish and Mail form & Entry Fee to: St. Gabriel Parish, 9925 Johnnycake Ridge Rd., Concord, Ohio 44060

Name _____ Male Female
Address _____ I am a St. Gabriel Parishioner Yes No
City _____ State _____ Zip _____
Email _____ Phone _____

Please check payment amount: \$20 Preregistration per runner \$25 Race day registration per runner (opens at 7 a.m.) \$5 per person for walk \$20 maximum per family for walk

Age (on day of race) _____ Amount paid \$ _____ Check Cash T-shirt size: S M L XL 2XL

Liability Release Section

I hereby accept responsibility for, and assume risk of any injury or damage to my person or dependent children which might arise directly or indirectly as a result or participation of the St. Gabriel Sprint. I hereby express release, discharge and hold harmless from any liability whatsoever, St. Gabriel Parish and various groups and subdivisions thereof, and all employees and volunteers in their capacities as representatives of St. Gabriel Parish, expressly including but not limited to, the Catholic Archdiocese of Cleveland, except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors and assigns.

Signature _____

Date _____

Signature of Parent or Guardian if under 18 years of age _____

Please contact me about race sponsorship.

PRE-REGISTRATION DEADLINE IS THURSDAY, August 1, 2019.

Please help us by letting us know where you heard about SPRINT _____