



Growing Through Grief

Six Week Support Group Tuesdays, 7-8:30pm:

March 6th · March 13 · March 20 · March 27 · April 3 · April 10.

The last session ends with a "Seeds of Hope"
program and dinner on April 17th

Where: School Building: Religious Education Office, St. Gabriel

St Gabriel's Bereavement Ministry provides a spiritual and safe environment where adults who are grieving the death of a loved one can gather. By telling their story and listening to others, participants gain a clearer understanding of their grief and are affirmed in their experiences. Group facilitators are present to companion the bereaved as they integrate loss into their lives.

Please contact coordinator Eileen Rigler at arigler1@oh.rr.com
for details or to join a session.

St-Gabriel.org | 440-352-8282

9935 Johnnycake Ridge Rd · Concord