**Table Host & Helper Notes—Session 2: Who Is Jesus?**

During the last session we spent time exploring what life is all about and why Jesus should be the center of our lives. We met some new friends and spent time learning their names and something about them.

We may have new faces this week so be mindful of any new Guests and make it easy for them to learn names. Distribute name tags right away.

**Ice Breaker (Optional)**:

As people put on name tags, ask: Does your name have special meaning or were you named after someone special?

**Reminders:**

* Remember to arrive 30 minutes early to attend the pre-session meeting to review administrative matters and to pray together with your Session Leader.
* Stand by your table as Guests arrive and greet them warmly.
* **Are you comfortable with silence**? Remember as a Host you are a facilitator, not a teacher. Allow your Guest to toss the “ball” among one another. Only if the silence is a recurring “feature” of your group should the **Helper** assist.
* There is no prayer before meals this week. If Guests ask, explain that they can pray individually. Remember we may have those in the group who don’t know how to pray.
* If you have any non-Alpha event information to share, please give it to the Session Leader rather than distribute it at your tables. There should be no pressure on Guests to attend outside events but we will make the information available.
* Please turn in your updated Group Contact sheet this week. It will be retyped and returned next week.

Please review the **Alpha Ground Rules**. Put the Ground Rules card on the table for all to see.

* No one has to talk.
* Show mutual respect.
* No such thing as a dumb question.
* Only one person talks at a time.
* Confidentiality matters.
* End promptly.
* No cell phones.

Session 2: Who Is Jesus?

Step by Step

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| 6:00 pm | Team Meeting & Prayer, then go to your tables to be ready to greet your Guests. |
| 6:30 pm | **Session Leader** will welcome and announce time for the meal.  During the meal:  1. Update the group contact sheet as necessary  2. Distribute name tags right away, either as they arrive or after they sit down to eat.  3. Optional Ice Breaker: ***Does your name have special meaning or were you named after***  ***someone special?***  **Helper or Kitchen Crew** should clear the table and refill drinks if necessary. |
| 7:00 pm | **Session Leader** will give an introduction & joke. |
| 7:15 pm | VIDEO presentation, **“Who Is Jesus?”** |
| 7:45 pm | Short break, then groups will get back to their discussion tables. Table Host brings desert.  **Helpers or Kitchen Crew**- get water & coffee for your group and serve desert. |
| 8:00 pm | **Small Group Discussion:**  **Table Host**- Review Small Group Ground Rules with your Guests.  **Table Host**- Familiarize yourself with the following questions ahead of time so it doesn’t seem like you are reading them out of a manual. Make it natural, let the conversation flow. Move on if any of the questions are not sparking conversation. Feel free to pose other questions. Remember the relationship is Table Leader/Guest not Teacher/Pupil.  **Helper**- Remember to stay relatively quiet during discussion and pray for each Guest. |
|  | **Ice Breaker Question** (Optional while you are serving dessert): If you could talk to anyone past or present who would it be? What would you ask?  1. What makes you happy?  2. What stood out for you in the video?  3. Who do you think Jesus is?  4. If you had a chance to meet Jesus, how would you feel and what would you say to Him?  5. What aspects of the evidence presented today did you find convincing or not convincing? |
| 8:25 pm | **Session Leader** will announce that it is time to wrap-up.  End your discussion on time.  Be sure to encourage Guests to come back next week. No pressure, just encouragement. |
| 8:30 pm | Team meeting for quick wrap-up and prayer. |