

## **Poswiecenie Pokarmow - Blessing of Food**

The Blessing of the Food is a festive occasion. The three-part blessing prayers specifically address the various contents of the basket, with special prayers for the meats, eggs, cakes, & breads.

### **Prayer for the Blessing of the Breads and Holiday Baked Goods**

The blessing addresses the Bread of Life who died and rose for the life of the world, invoking Him to bless the bread and holiday baked goods in memory of the Bread, which is offered at the Priest's hands, which becomes His Body.

### **Prayer for the Blessing of the meats and sausages**

The Lamb of God, bless the meats and sausages, which will become the holiday meal in memory of the Paschal Lamb, as He gave to the Apostles at the Last Supper. We ask this through Christ our Lord, Amen.

### **Prayer for the Blessing of the eggs and pisanki**

The blessing addresses Christ, our Life and Resurrection. It asks Him to bless the eggs, the sign of new life; asks Him to remember our family, those near as well as guests, especially those who wait in the hope of being with Him. We wait to accompany Him to His Father's house, where he lives and reigns for ever and ever. We ask this through Christ our Lord, Amen.

## **The Order of Blessing of Easter Food**

*All make the sign of the cross*

**Father/Mother:** For our sake Christ became obedient, accepting even death, death on a cross. Therefore God raised him on high and gave him the name above all other names. Blessed be God for ever.

R. Blessed be God for ever.

**Father/Mother:** Throughout Lent we have been preparing for the resurrection of the Lord by prayer, almsgiving, and fasting. Our Lenten fasting is a reminder of our hunger and thirst for holiness which is satisfied only by Christ who feeds and nourishes us by His word and sacraments. When we gather at our first meal of Easter may this food be a sign for us of that heavenly banquet to which the Lord calls us.

*Read* Deuteronomy 16:1-8 or John 6:1-14 and Psalm 104:1-2, 5-6,10,12-4,24,35.

### ***Intercessions***

The Son of God who invites us to the Paschal feast stands ready to help. Let us call upon Him in our need.

R. Lord, prepare us for the feast of life.

That Easter may find us cleansed of sin and ready to live anew our Christian faith, we pray to the Lord. R.

That the bread we share may be a reminder of the Bread of Life we share in the Eucharist, we pray to the Lord. R.

That we may be ready to give from our table to those who hunger and thirst, we pray to the Lord. R.

That we may one day enjoy the banquet of the Lord in the heavenly Kingdom, we pray to the Lord. R.

**Father/Mother:** Christ taught us to pray for our daily bread and so we dare to say:

Our Father...

***Prayer of Blessing***

God of glory, the eyes of all turn to You as we celebrate Christ's victory over sin and death. Bless us and this food of our first Easter meal. May we who gather at the Lord's table continue to celebrate the joy of his resurrection and be admitted finally to His heavenly banquet. Grant this through Christ our Lord.

R. Amen.

May Christ always nourish you and strengthen you in faith and love, now and for ever.

R. Amen.

And may almighty God bless us all, the Father, and the Son, + and the Holy Spirit.

R. Amen.

Lord Jesus Christ, we implore You to let us in faith experience your presence amongst us during the festive repast on the day of Your victory, so that we might rejoice at taking part in Your life and resurrection.

Living Bread, who came down from heaven and in Holy Communion gives life to the world, bless this bread and all holiday baked goods in memory of the bread with which You fed the people devoutly listening to You in the desert and in memory of the holiday dishes You consumed with the Apostles during the Last Supper.

Lamb of God, who has conquered evil and cleansed the world of sin, bless these meats, sausages and other food of which we shall partake in memory of the Paschal Lamb. Bless also this salt that it may preserve us from corruption.

Lord Jesus Christ, our life and Resurrection, bless these eggs, the sign of new life, so that when we share them with our loved ones, we might also mutually share the joy that You too are in our midst. May we all attain Your eternal feast there, where you live and reign for ever and ever. Amen.